

SANT GADGE BABA AMRAVATI UNIVERSITY, AMRAVATI
SYLLABUS PRESCRIBED FOR B.C.A. P - PART II EXAMINATION
Bachelor of Counselling and Psychotherapy
(BCAP Part-II) SEM 3 NEP

Semester – III

BCAP 31

Paper I. Compulsory English

(To be implemented from the session 2024 - 25)

Total Periods: Theory + Tutorial = 75

Credit: 4

Prescribed Textbook: ‘Aspirations’ by Board of Editors & published by Orient Blackswan *

Note -Please Mention the Line –All Syllabus is prescribed excluding

The Prose No. 3 The Mother of a traitor by Gorky and

Poetry No 3. The Priest of Nature by Amarnath Prasad for Semester III

UNIT-I- PROSE (12 MARKS)

- I) The Way to Equal Distribution- M.K Gandhi
- II) The Devoted Friend – Oscar Wilde
- III) The Mother of a Traitor- Maxim Gorky
- IV) Values in Life- Rudyard Kipling

UNIT –II POETRY (12 MARKS)

- I) Love’s Philosophy- P.B. Shelley
- II) God’s Grandeur- G.M. Hopkins
- III) The Priest of Nature – Amar Nath Prasad
- IV) The Toys - Coventry Patmore

UNIT-III- BASICS OF COMMUNICATION SKILLS IN ENGLISH (12 MARKS)

- I) Noun
- II) Pronoun
- III) Verbal & Non-Verbal
- IV) Visual

UNIT-IV- BASICS OF COMMUNICATION SKILLS IN ENGLISH (12 MARKS)

- I) Tenses
- II) Question Tag
- III) Change the Voice

UNIT- V - COMMUNICATION SKILLS (12 MARKS)

- I) Answering the Telephone and asking for someone.
- II) Taking and leaving messages.
- III) Asking for Time and Date

Communication Skills in English (AEC)

BCAP 31 A. ASSESSMENT)

Paper II. SKILL ENHANCEMENT MODULE (FOR INTERNAL

- Situational Communication
- Network in Communication
- Characteristics of Effective Communication
- Barriers in Communication

BCAP 32. Paper 3 - Developmental Psychology 1

Unit 1: Introduction to Developmental Psychology

- Developmental Psychology
- Key stages of human development
- Nature vs. Nurture
- Methods of studying development

Unit 2: Prenatal Development and Birth

- Stages of prenatal development
- Factors affecting prenatal development
- The process of birth
- Common birth complications

Unit 3: Infancy and Early Childhood

- Physical growth in infancy
- Cognitive development in early childhood
- Language development
- Emotional development in young children

Unit 4: Cognitive Development in Childhood

- Piaget's stages of development
- Memory development in children
- Language development
- Problem-solving skills

Unit 5: Social and Emotional Development in Childhood

- Attachment and bonding
- Early friendships and play
- Emotional regulation in children
- Social learning in childhood

Reference books

1. "The Developing Person Through the LifeSpan" by Kathleen Stassen Berger

2. "Developmental Psychology: Childhood and Adolescence" by David Shaffer and Katherine Kipp
3. "Child Development" by Laura E. Berk
4. "Development Through Life: A Psychosocial Approach" by Barbara M. Newman & Philip R. Newman
5. "Introduction to Developmental Psychology" by John W. Santrock

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Paper 4 - Abnormal Psychology 1

Unit 1: Introduction to Abnormal Psychology

- Definition and history of abnormal psychology
- Normal vs. abnormal behavior
- Overview of the classification of mental disorders (DSM, ICD)

Unit 2: Models of Abnormality

- The biological model
- The psychological model (cognitive-behavioral, psychodynamic, humanistic)
- The sociocultural model

Unit 3: Anxiety Disorders

- Generalized Anxiety Disorder (GAD)
- Panic Disorder and Agoraphobia
- Specific Phobias

Unit 4: Mood Disorders

- Depression (Major Depressive Disorder)
- Bipolar Disorder
- Causes and treatment of mood disorders

Unit 5: Obsessive-Compulsive and Related Disorders

- Obsessive-Compulsive Disorder (OCD)
- Hoarding Disorder
- Body Dysmorphic Disorder

Reference books

1. Abnormal Psychology by Ronald J. Comer
 - 2019 (10th Edition)

Worth Publishers

2. Abnormal Psychology: An Integrative Approach By David H. Barlow and V. Mark Durand
 - 2018 (8th Edition) Cengage Learning
3. Essentials of Abnormal Psychology by David H. Barlow and V. Mark Durand
 - 2018 (7th Edition) Cengage Learning
4. Psychology of Abnormal Behavior by Susan Krauss Whitbourne

-2014 (7th Edition) Cengage Learning

5. Abnormal Psychology: An Overview by James N. Butcher

-2016 (15th Edition) Pearson

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Paper 5 - Psychological Measurements 1

Unit 1: Introduction to Psychological Measurements

1. Meaning and Importance of Psychological Measurements
2. Difference Between Psychological and Physical Measurements
3. Uses of Psychological Measurements in Daily Life

Unit 2: Scales of Measurement

1. Nominal, Ordinal, Interval, and Ratio Scales
2. Examples of Each Scale in Psychology
3. Strengths and Weaknesses of Different Scales

Unit 3: Characteristics of a Good Psychological Test

1. Reliability – Meaning and Types
2. Validity – Meaning and Types
3. Standardization of a Test

Unit 4: Types of Psychological Tests

1. Intelligence Tests – Examples and Uses
2. Personality Tests – Examples and Uses
3. Aptitude and Interest Tests

Unit 5: Ethical Issues in Psychological Testing

1. Confidentiality and Informed Consent
2. Misuse of Psychological Tests
3. Ethical Guidelines for Test Administrators

Reference Books

1. "Psychological Testing"– Anne Anastasi & Susana Urbina
2. "Foundations of Psychological Testing"– Leslie A. Miller & Robert L. Lovler
3. "Psychological Testing and Assessment" – A.K. Singh
4. " Essentials of Psychological Measurement"– Arun Kumar

Unit 1: Basics of Psychological Research

1. Meaning and Importance of Research
2. Key Concepts: Problem, Hypothesis, and Data
3. Goals of Research: Understanding, Predicting, and Solving
4. Everyday Examples of Research

Unit 2: Methods of Research

1. Observational Method
2. Survey Method
3. Experimental Method
4. Case Study

Unit 3: Sampling

1. Population and Sample
2. Random Sampling: Selecting Fairly
3. Small and Large Groups in Research
4. Importance of Representing Everyone

Unit 4: Data Collection Techniques

1. Collecting Data Through Surveys and Tests
2. Recording Observations
3. Organizing Information Clearly
4. Following Ethical Rules in Research

Unit 5: Basics of Statistics in Research

1. Types of Data: Numbers and Categories
2. Measures of Central Tendency: Mean, Median, and Mode
3. Drawing Simple Graphs: Bar Graphs and Pie Charts
4. Using Numbers to Summarize Information

References books

1. Kothari, C. R. (2004). *Research Methodology: Methods and Techniques* (2nd ed.). New Age International Publishers.
2. Broota, K. D. (1992). *Experimental Design in Behavioural Research*. New Age International Publishers.
3. Chauhan, S. S. (2011). *Psychological Research: Methods and Applications*. McGraw-Hill Education.
4. Singh, A. K. (2006). *Tests, Measurements and Research Methods in Behavioural Sciences*. Bharati Bhavan.

5. Howitt, D., & Cramer, D. (2017). *Research Methods in Psychology: A Handbook* (5th ed.).
Routledge.

Sem 3- Practical III (Any 4 Psychological tests)

1. Intelligence
2. Personality
3. Memory
4. Attention
5. Motivation
6. Anxiety
7. Depression
8. Stress
9. Self-Esteem
10. Emotional Intelligence
11. Coping Mechanisms
12. Decision-Making